



3RD BAMACI

BELGRADE, SERBIA 2018

BELGRADE 2018 BAMACI

10 March - DAY 1 Saturday

Call Room Open	Entry to Arena	Event Start	Age Group	Age Group
7:30	7:55	8:00	3000m Walk	W35 - W70
8:05	8:30	8:35	3000m Walk	M70 - M80
8:40	9:05	9:10	3000m Walk	M60 - M65
9:10	9:35	9:40	3000m Walk	M50 - M55
9:40	10:05	10:10	3000m Walk	M35 - M45
10:10	10:35	10:40	60m	W65 - W80
10:14	10:39	10:44	60m	W60
10:18	10:43	10:48	60m	W55
10:22	10:47	10:52	60m	W50
10:26	10:51	10:56	60m	W45
10:30	10:55	11:00	60m	W35 - W40
10:34	10:59	11:04	60m	M75 - M85
10:38	11:03	11:08	60m Heat 1	M70
10:42	11:07	11:12	60m	M65 - M70
10:46	11:11	11:16	60m	M60
10:49	11:14	11:19	60m Heat 1	M55
10:52	11:17	11:22	60m Heat 2	M55
10:55	11:20	11:25	60m Heat 1	M50
10:58	11:23	11:28	60m Heat 2	M50
11:01	11:26	11:31	60m Heat 1	M45
11:04	11:29	11:34	60m Heat 2	M45
11:07	11:32	11:37	60m Heat 1	M40
11:10	11:35	11:40	60m Heat 2	M40
11:13	11:38	11:43	60m Heat 1	M35
11:16	11:41	11:46	60m Heat 2	M35
11:25	11:45	11:55	1500m	W55 - W65
11:40	12:00	12:10	1500m	W45 - W50
11:50	12:10	12:20	1500m	W35 - W40
12:00	12:20	12:30	1500m	M70 - M80
12:15	12:35	12:45	1500m	M60 - M65
12:25	12:45	12:55	1500m	M50 - M55
12:35	12:55	13:05	1500m Heat 1	M45
12:45	13:05	13:15	1500m Heat 2	M45
12:55	13:15	13:25	1500m	M40
13:05	13:25	13:35	1500m	M35
14:00 OPENING CEREMONY				



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14:30	14:55	15:00	400m	W65 - W75
14:38	15:03	15:08	400m	W60
14:45	15:10	15:15	400m	W55 - W60
14:50	15:15	15:20	400m Heat 1	W50
14:55	15:20	15:25	400m Heat 2	W50
15:00	15:25	15:30	400m Heat 1	W45
15:05	15:30	15:35	400m Heat 2	W45
15:10	15:35	15:40	400m Heat 1	W40
15:15	15:40	15:45	400m	M80 - M85
15:23	15:48	15:53	400m Heat 1	M70
15:30	15:55	16:00	400m Heat 2	M70
15:35	16:00	16:05	400m	M65
15:40	16:05	16:10	400m	M60
15:45	16:10	16:15	400m Heat 1	M55 - M60
15:50	16:15	16:20	400m Heat 2	M55
15:55	16:20	16:25	400m Heat 3	M55
16:00	16:25	16:30	400m	M50
16:05	16:30	16:35	400m Heat 1	M45 - M50
16:10	16:35	16:40	400m Heat 2	M45
16:15	16:40	16:45	400m Heat 3	M45
16:20	16:45	16:50	400m Heat 4	M45
16:25	16:50	16:55	400m Heat 1	M40
16:30	16:55	17:00	400m Heat 2	M40
16:35	17:00	17:05	400m Heat 3	M40
16:40	17:05	17:10	400m Heat 1	M35
16:45	17:10	17:15	400m Heat 2	M35
16:55	17:15	17:30	Relay 4x200m	W
17:30	17:55	18:00	Relay 4x200m	M
10:45	11:05	11:45	High Jump	W40 - W70
12:00	12:20	13:00	High Jump	M60 - M80
14:00	14:20	15:00	High Jump	M50 - M55
16:00	16:20	17:00	High Jump	M35 - M45
10:55	11:15	11:45	Triple Jump	M65 - M80
14:10	14:30	15:00	Triple Jump	W40 - W50
15:25	15:45	16:15	Triple Jump	M50 - M60
17:15	17:35	18:15	Triple Jump	M35 - M45



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11 March - DAY 2 Saturday

Call Room Open	Entry to Arena	Event Start	Event	Age Group
7:30	7:50	8:00	60m Hurdles	W40 - W60
7:40	8:00	8:10	60m Hurdles	M70 - M80
7:50	8:10	8:20	60m Hurdles	M60 - M65
8:00	8:20	8:30	60m Hurdles	M55
8:10	8:30	8:40	60m Hurdles	M50
8:20	8:40	8:50	60m Hurdles	M40 - M45
8:30	8:55	9:00	3000m	W65 - W45
8:52	9:17	9:22	3000m	W35 - W40
9:12	9:37	9:42	3000m	M65 - M80
9:34	9:59	10:04	3000m	M55 - M60
9:52	10:17	10:22	3000m	M45 - M50
10:09	10:34	10:39	3000m	M35 - M40
10:35	11:00	11:05	800m	W50 - W65
10:41	11:06	11:11	800m	W40 - W45
10:47	11:07	11:17	800m	M70 - M85
10:55	11:15	11:25	800m	M60 - M65
11:00	11:20	11:30	800m	M50 - M55
11:05	11:25	11:35	800m Heat 1	M45
11:10	11:30	11:40	800m Heat 2	M45
11:15	11:35	11:45	800m Heat 1	M40
11:20	11:40	11:50	800m Heat 2	M35
11:25	11:45	11:55	200m	W75 - W70
11:30	11:55	12:00	200m	W60
11:35	12:00	12:05	200m Heat 1	W50 - W55
11:40	12:05	12:10	200m Heat 2	W50
11:45	12:10	12:15	200m Heat 1	W45
11:50	12:15	12:20	200m Heat 2	W45
11:55	12:20	12:25	200m Heat 1	W40
12:00	12:25	12:30	200m Heat 2	W35 - W40



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12:05	12:30	12:35	200m	M80 - M85
12:10	12:35	12:40	200m	M75
12:15	12:40	12:45	200m Heat 1	M70
12:20	12:45	12:50	200m Heat 2	M70
12:25	12:50	12:55	200m Heat 3	M70
12:30	12:55	13:00	200m Heat 1	M65
12:35	13:00	13:05	200m Heat 2	M65
12:40	13:05	13:10	200m Heat 1	M60
12:45	13:10	13:15	200m Heat 2	M60
12:50	13:15	13:20	200m Heat 3	M60
12:55	13:20	13:25	200m Heat 1	M55
13:00	13:25	13:30	200m Heat 2	M55
13:05	13:30	13:35	200m Heat 3	M55
13:10	13:35	13:40	200m Heat 4	M55
13:15	13:40	13:45	200m Heat 1	M50
13:20	13:45	13:50	200m Heat 2	M50
13:25	13:50	13:55	200m Heat 3	M50
13:30	13:55	14:00	200m Heat 1	M45
13:35	14:00	14:05	200m Heat 2	M45
13:40	14:05	14:10	200m Heat 3	M45
13:45	14:10	14:15	200m Heat 1	M40
13:50	14:15	14:20	200m Heat 2	M40
13:55	14:20	14:25	200m Heat 3	M40
14:00	14:25	14:30	200m Heat 1	M35
14:05	14:30	14:35	200m Heat 2	M35
14:10	14:35	14:40	200m Heat 3	M35

11:10	11:30	12:30	Pole Vault	W + M
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7:40	8:00	8:30	Long Jump	W50 - W65
8:50	9:10	9:40	Long Jump	W35 - W45
10:00	10:20	10:50	Long Jump	M70 - M80
11:10	11:30	12:00	Long Jump	M60 - M65
12:30	12:50	13:20	Long Jump	M50 - M55
14:00	14:20	14:50	Long Jump	M45
15:10	15:30	16:00	Long Jump	M35 - M40

7:10	7:30	8:00	Shot Put	W60 - W80
8:20	8:40	9:10	Shot Put	W40 - W55
9:30	9:50	10:20	Shot Put	M70 - M80
10:40	11:00	11:30	Shot Put	M60 - M65
11:55	12:15	12:45	Shot Put	M50 - M55
13:40	14:00	14:30	Shot Put	M35 - M45